

# LILIKOI



Lilikoi is rich in antioxidants, and Minerals such as iron and copper. They are also an excellent source of Vitamins C, and A



The lilikoi fruit is locally grown in Hawaii all year round.



The seeds in the lilikoi is surrounded by a pulp that's filled with the lilikoi juice.

The lilikoi (also known as passion fruit) grow on vines. They come in two different colors, yellow and purple, but the purple one is known to be sweeter.

